LIFE NOTES
February 06, 2022

Series: Fearless!
"Fear Factor"

Psalm 34:4 "I sought the Lord and He answered me; He delivered me from all my fears." (NIV)

God _____ us to be afraid!

2 Timothy 1:7 "For God has not given us a spirit of far and timidity, but of power, love, and self-discipline." (NLT)

THE DAMAGE FEAR DOES IN OUR LIVES

1. It Ruins _____.

Genesis 3:9-10 "9 The Lord God called the man, "Where are you?" 10 He answered, "I heard you, so I hid. I was afraid because I was naked." (NIV)

2. It Paralyzes _____.

John 20:19 "That Sunday evening the disciples were meeting behind locked doors because they were afraid of the Jewish leaders." (NLT)

3. It hinders _____.

Proverbs 12:25 "Worry can rob you of happiness …" (TEV)

Psalm 55:2 "Listen to me and answer me; I am worn out by my worries." (TEV)

4. It sabotages _____

Job 3:25 "Everything I fear and dread comes true." (TEV)

GOD'S ANTIDOTE TO FEAR

1. _____

John 8:31-32 "31… If you hold to my teachings, you are really my disciples. 32 Then you will know the truth, and the truth will set you free." (NIV)

Definition of Fear:
False
Evidence
Appearing
Real

2 Corinthians 4:2 "We put aside all secret and shameful deeds; we do not act with deceit, nor do we falsify the word of God. In the full light of truth we live in God's sight …" (TEV)

2. _____

1 John 4:18 "Love contains no fear. Indeed fully developed love expels every particle of fear, for fear always contains some of the torture of feeling guilty." (Phillips)

Psalm 103:8 "The Lord is compassionate and merciful, slow to get angry an filled with unfailing love." (NLT)

3. _____

Ephesians 6:16 "Above all be sure to take faith as your shield, for it can quench every burning missile the enemy hurls at you." (Phillips)

Psalm 56:3 "… when I am afraid, I will put my confidence in God. Yes, I will trust the promises of God. And since I am trusting Him, what can mere man do to me?" (LB)

BOTTOM LINE

Joshua 1:9 "This is my command—be strong and courageous! Do not be afraid or discouraged. For the Lord your God is with you whoever you go." (NLT)