

LIFE NOTES

February 19, 2023

Series: Mind Games
"Bashing Brain Barricades"

Proverbs 4:23 "Be careful how you think; your life is shaped by your thoughts."
(TEV)

1. The battle for your life is won or lost _____.
2. Your thoughts will control you, so you _____ your thoughts.

BASHING BRAIN BARRICADES

2 Corinthians 10:3-5

1. _____ the lies.

2 Corinthians 10:5a "We **demolish arguments** and **every pretention** that sets itself up against the knowledge of God ..." (NIV)

Genesis 3:1-5

John 8:44 "You belong to your father, the devil, and you want to carry out your father's desires. He was a murderer from the beginning, not holding to the truth, for there is no truth in him. When he lies, he speaks his native language, for he is a liar and the father of lies." (NIV)

1 Peter 5:8-9 "8 Be alert and of **sober mind**. Your enemy the devil prowls around like a roaring lion looking for someone to devour. 9 Resist him, standing firm in the faith ..." (NIV)

Proverbs 14:12 "There is a way that appears to be right, but in the end it leads to death." (NIV)

2. _____ with the truth.

2 Corinthians 10:5b "... we **take captive every thought** to make it obedient to Christ." (NIV)

Psalms 33:4 "For the word of the Lord is right and true; He is faithful in all He does." (NIV)

Proverbs 30:5-6 "5 Every word of God is flawless; He is a shield to those who take refuge in Him. 6 Do not add to His words, or He will rebuke you and prove you a liar." (NIV)

Mark 13:31 "Heaven and earth will pass away, but my words will never pass away." (NIV)

Luke 1:37 "For no word from God will ever fail." (NIV)

2 Timothy 3:16-17 "16 All Scripture is inspired by God and is useful to teach us **what is true** and to make us realize **what is wrong** in our lives. It corrects us when we are wrong and teaches us to do what is right. 17 God uses it to prepare and equip His people to do every good work." (NLT)

APPLICATION

1. God's Word says I Am _____.

Romans 15:7 "Accept one another, then, just as **Christ accepted you**, in order to bring praise to God." (NIV)

Ephesians 1:4-5

2. God's Word Says I Am _____.

1 Corinthians 7:23 "You have been bought and paid for by Christ, so you belong to Him—be free now from all these earthly prides and fears." (LB)

Isaiah 43:4 "... you are precious to me and honored, and I love you." (LB)

3. God's Word Says I Am _____.

Isaiah 54:10 "'The mountains and hills may crumble, but my love for you will never end; I will keep forever my promise of peace.' So says the Lord who loves you." (TEV)

Romans 8:38-39

4. God's Word Says I Am _____.

Isaiah 43:25 "... I am the God who forgives your sins, and I do this because of who I am. I will not hold your sins against you." (TEV)

1 John 1:9 "But if we confess our sins to Him, He is faithful and just to forgive our sins and to cleanse us from all wickedness." (NLT)

Isaiah 1:18 "Come now, let's settle this," says the Lord. "Though your sins are like scarlet, I will make them as white as snow. Though they are red like crimson, I will make them as white as wool." (NLT)

5. God's Word Says I Am _____.

Ephesians 1:18-21 "18 I pray that your hearts will be flooded with light so that you can understand the confident hope He has given to those He called—His holy people who are His rich and glorious inheritance. 19 I also pray that you will understand the incredible greatness of God's power for us who believe Him. This is the same mighty power 20 that raised Christ from the dead and seated Him in the place of honor at God's right hand in the heavenly realms." (NLT)

Philippians 4:13 "For I can do everything through Christ, who gives me strength." (NLT)

BOTTOM LINE

Psalms 25:4-5 "4 Show me **your ways**, Lord, teach me **your paths**. 5 Guide me in **your truth** and teach me, for you are God **my Savior**, and **my hope** is in you all day long." (NIV)