Proverbs 12:19 "Truthful words stand the test of time, but **lies** are soon exposed." (NLT)

LIES WOMEN BELIEVE

1. My main job in life is to MAKE EVERYONE HAPPY.

Luke 10:27 "Jesus answered, "Love the Lord your God with all your heart and with all your soul and with all your strength and with all your mind'; and, 'Love your neighbor as yourself.'" (NIV)

2. It's not ok to SPEAK MY MIND.

Matthew 18:15-17 "15 If your brother or sister sins, go and point out their fault, just between the two of you. If they listen to you, you have won them over. 16 But if they will not listen, take one or two others along, so that 'every matter may be established by the testimony of two or three witnesses.' 17 If they still refuse to listen, tell it to the church; and if they refuse to listen even to the church, treat them as you would a pagan or tax collector." (NIV)

3. I'm facing my FLAWS.

Matthew 7:3-5 "3 Why do you look at the speck of sawdust in your brother's eye and pay no attention to the plank in your own eye? 4 How can you say to your brother, 'Let me take the speck out of your eye,' when all the time there is a plank in your own eye? You hypocrite, first tame the plank out of your own eye, and then you will see clearly to remove the speck from your brother's eye." (NIV)

4. I'm NOT WORTHY of being loved for who I am.

Psalm 139:13-18 "13 For you created my inmost being; you knit me together in my mother's womb. 14 I praise you because I am fearfully and wonderfully made; your works are wonderful, I know that full well. 15 My frame was not hidden from you when I was made in the secret place, when I was woven together in the depths of the earth. 16 Your eyes saw my unformed body; all

the days ordained for me were written in your book before one of them came to be. [17] How precious to me are your thoughts, God! How vast is the sum of them! [18] Were I to count them, they would outnumber the grains of sand—when I awake, I am still with you." (NIV)

5. OUTER beauty is more important than INNER beauty.

Proverbs 31:30 "Charm is deceptive, and beauty Is fleeting; but a woman who fears the Lord is to be praised." (NIV)

1 Peter 3:3-4 "[3] Your beauty should not come from outward adornment, such as elaborate hairstyles and the wearing of gold jewelry or fine clothes. [4] Rather, it should be that of your inner self, the unfading beauty of a gentle and quiet spirit, which is of great worth in God's sight." (NIV)

BOTTOM LINE

1 Peter 3:10 "For the Scriptures say, "If you want to enjoy life and see many happy days, keep your tongue from speaking evil and your lips from telling **lies**." (NLT)